

Dancing



*Maintains and/or improves your fitness
Increases your social network
And is Great Fun!*

Join us for a 6-8 week Beginner's Course on Tuesdays 8-10pm
Starting 12th September 2023 at

Haslingfield Primary School

Please contact Bob at beginners@circleleft.org.uk to say if you are interested in coming. Tel 07977 235803

Only £1 per week*

This is Folk Dancing, similar to Ceilidh Dancing (which you might have met at Weddings etc.) but develops into many more moves and styles of dancing.

After the beginner's course you will be ready and welcome to join any of the local clubs and be able to dance 3 or 4 nights per week if you want to, see <https://www.cambridgefolk.org.uk>

*Sponsored by the Harston & Haslingfield Folk Dance Club

We are also trying to start a **class for children** 8-13 years, dependant on take-up.

Contact Bob as above if interested.